

The Opioid Public Health Crisis (OPHC) Course

Understanding the Opioid Public Health Crisis and what is occurring



Course Overview

The Opioid Public Health Crisis (OPHC) course will provide you with foundational knowledge on this nationwide health crisis and the solutions and actions to take to reduce the epidemic's effect.

This course is for individuals, parents, healthcare professionals and groups and organizations who are working to prevent and reduce the effects of the opioid public health crisis. This is ideal for groups who serve individuals at risk for an opioid use disorder/addiction or overdose.

This includes, but not limited to: businesses, coalition and community members, correctional facilities, educators, faith groups, government, health care professionals, parents and caregivers, pharmacies, school nurses, senior living facilities, sober living communities, treatment and recovery centers, etc.

The training course provide the necessary information to understand and address the potential misuse of opioids, risk factors, and suggested prevention and reduction methods.

What You Will Learn

Acquire: An in-depth understanding of the opioid public health crisis - what is occurring.

Learn: About how the health crisis developed, the contributors and risk factors.

Understand: The multi-faceted solutions model that states and communities are applying to reduce the effects of the health crisis and the actions an individual / professional can take to improve the outcomes.

What People Are Saying

"This helped me understand what I can personally do to help my family and others and that the solutions work when all are used, and everyone works together."

"As a public health educator, this course gave me a fantastic overall view of addiction, the opioid crisis (both historically and currently), and how to help."

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The Brain and the Disease of Addiction (BDA) Course



Course Overview

In this course, you will learn about the disease of addiction by looking at how the brain is affected from substances such as drugs and alcohol and how the disease of addiction develops.

This course is for individuals, parents, students, healthcare professionals and groups and organizations who will benefit from an understanding and knowledge of the science of the disease of addiction.

What You Will Learn

Acquire: A foundational understanding of how the brain is affected from substances such as drugs and alcohol.

Learn: How the disease of addiction develops.

Understand: Brain neuroplasticity and how through treatment and recovery the brain can change/reset.

What People Are Saying

"This course allowed me to truly understand the science behind the disease, which allowed me to really grasp addiction in terms of a disease rather than a moral failing."

"I never really understood the science behind addiction, but now I feel that I have more understanding and compassion for those who struggle with the disease of addiction. It was also beneficial to learn how drugs effect the brain, how the brain reacts to drugs and its release of dopamine."

"I learned how important it is to realize just how hard it is to stop your addiction - and, therefore, not to give up on people when they have to try over and over again, and to encourage the user to keep trying and not to expect the first or second or umpteenth time to be successful."

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The Removing the Shame and Stigma of Substance Use Disorder



Course Overview

In this course you will learn about the effects of shame and stigma on the individuals, families, caregivers, and communities impacted by the disease of addiction. The course will review the consequences of shame and stigma associated with the disease of addiction, why addiction is stigmatized within society, and solutions to address shame and stigma.

Shame and stigma is a mark of disgrace and a set of negative beliefs held against a person, issue, or circumstance, often based off assumptions, judgements, and preconceived notions rather than facts. Participants will gain an understanding of the effect stigma has on the individual with substance use disorder and how it creates barriers to getting help through first-hand experiences and situations.

This course is for individuals, family members, and stakeholder that include students, healthcare professionals, law enforcement, and groups and organizations who will benefit from knowledge of the role that shame and stigma play in treatment and recovery.

What You Will Learn

Understand: The role of stigma and its effect on substance use disorder (disease of addiction) and how stigma inhibits people from achieving long-term wellness and recovery.

Describe: The impact of shame and stigma on the individual and family/caregivers and the consequences of experienced stigma and shame and the impact on recovery, setback (relapse), and other social and health factors.

Eliminate: Judgements and negative attitudes towards the individuals suffering from the disease as well as assumptions and negative preconceived notions of the disease and the individual.

What People Are Saying

"I learned how open and honest communication creates the environment most conducive to reducing stigma. Healthcare plays a key role in treatment opportunity and compliance and we are not doing enough in healthcare to create a stigma free environment."

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